EASTERN REGION SL
Sunday 07 June 2026
Open Practice 0700h

Snozone Milton Keynes
Xscape 602 Marlborough Gate
Milton Keynes
Bucks.
SAT NAV : MK9 3XS

Race Entry Fee : £35 per racer,
enter both MK and HEM SL
(the cheapest indoor snow races in the country.).
Enter online via: http://ersa.co.uk or contact your Race manager.

Live Timing
http://yola-publish.com/hsrcersa/
WhatsApp ERSA SL 2026
https://chat.whatsapp.com/DXRrdNLafdWIM8d2jULF7B

2026 Indoor Race Format
2* slalom runs (U12 stubbies 14+ full gates)
Extended Slalom - Full gates

Run Format /Order (subject to change)
- U12 Girls and Boys Stubbies Run 1
- U12 Girls and Boys Stubbies Run 2
- U14+ Women and Men Run 1
- U14+ Women and Men Run 2
- Extended Slalom - Bib Order

U12 races will be best time (out of 2 runs)
U14 + races will be best time (out of 2 runs)
Prizes for 1, 2 & 3 Women and Men and fastest Women and Men on the day.

Fun Extended Slalom (if time/conditions permit)
- Run 1 U12 in Bib Order
- Run 2 U12 in Bib Order
- Run 1 U14+ in Bib Order
- Run 2 U14+ in Bib Order

(If time & conditions allow a 3rd EXT SL run will be given.)

CATSUITS - ERSA believes cat suits are unnecessary for indoor races, and as such recommends catsuits are not worn for all age groups. ERSA believe this is particularly relevant for U12s and be- low where being warm is more important, and where technique and fun is far more relevant than being "streamlined".

ERSA Race 2026 Rules Apply

Programme 0630h Entry for Race Officials
0700h Arrive at centre.
0700h Race office Opens, registration
0700h Bib Issue to RMs
0700h Open Practice on skiers right slope.
BIBS MUST BE WORN SO VISABLE FROM BOTH FRONT & BACK
Please listen to PA announcements
0700h Course Setting/inspection
0745h Course inspections ends.
0745h Start of Individual Runs
1100h End of Individual Runs
1130h Extended Slalom (if time permits)
1330h Prize Giving (Bar Area)

These times and running order may need to change according to the conditions on the day so please listen to the PA announcements.

Even though there is a PA system it is the racers responsibility to ensure that you are at the start so please ensure you are at the start in sufficient time for your run(s).

NB:: ONLY ONE PAIR OF SKIS WILL BE ALLOWED TO BE TAKEN TO THE TOP OF THE SLOPE.
PLEASE LEAVE SKIS IN DESIGINATED AREAS IN EITHER THE CHANGING ROOMS OR THE SNOW ARENA. SKIS LEFT INCORRECTLY WILL BE REMOVED BY CENTRE STAFF.
THIS IS AN INSURANCE REQUIREMENT.

NO waxing or ski preparation in any area of the snow centre including the car park.
Only Racers in the snow arena or start area, no parents or coaches unless permission granted.
Helmets MUST be worn.
Food & drinks available from the Café, Only food purchased may be consumed on the premises, Videos and photos will be taken, if you do not want your child to be included please state at Registration.
Race entry fees are non-refundable. Racers withdrawing on medical grounds may obtain a refund if they apply to the Race Secretary and provide certified medical evidence to support their application.